

# Activity 1. Common child health illnesses

Add a post to list the top 3 common child health illnesses in your country

## Group 1

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### ↻ Azraq camp - Jordan

Members:

**Qasem Al-Ali**

**Mohammad Alsaadi**

**Marwa Adnan**

**Baheja Al mutlaq**

**Muneeb Al eid**

The top 3 common child health illnesses in our area:

- 1) **Gastroenteritis:** is a very common condition that causes diarrhoea and vomiting.
  - 2) **pneumonia:** many germs can cause pneumonia. The most common are bacteria and viruses in the air we breathe.
  - 3) **Common cold or flu:** is a contagious viral infection of the upper respiratory tract.
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### ↻ Nania Ayub (kakuma)

Activity 1

The top three (3) common child health illness in kakuma.

1. Pneumonia, increased rate of deaths of children every year because of pneumonia.
  2. Malaria.
  3. Acute watery Diarrhea.
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### ↻ EZEKIEL LUKA ANGALO: INZONE KAKUMA (KENYA)

In my country Sudan, according to WHO there are three main and common illness for under 5 years children.

This includes

- Pneumonia
  - Diarrhea
  - Birth defect
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### ↻ AMINA YAKUB[KENYA-KAKUMA]

TOP 3 COMMON CHILDHOOD ILLNESSE IN SUDAN.

1. DIARRHEA- Loose , watery and possibly more frequently bowel movements.
  2. PNEUMONIA- Infection of the lungs in one or both lungs characterized by by severe cough with phlegm ,fever, chills and difficulty in breathing.
  3. MALARIA- Infection caused by a female anopheles mosquito bite.
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### ↻ Hassan Abdi Aden

: What are the top 3 common child health illnesses in your country?

acute respiratory infections.  
diarrhoea.  
preterm birth complications.  
birth asphyxia.  
neonatal sepsis.  
Malaria.

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⇒ **Joel Makamba K. , Kakuma, Kenya**

NCPD (National council for population development) through the brief No. 14 June 2012, referring to the finding by the Kenya Services Provision Assessment done in 2010, states that:” The major childhood illnesses in Kenya that contribute to the child morbidity and mortality, just like in many sub-Saharan countries, are Acute Respiratory Illnesses (ARI), Diarrhea, Malaria, Anaemia and Malnutrition”.

Therefore, to identified only the top three common child health illnesses in kenya are:

- Acute respiratory illness
- Diarrhea
- Malaria

Reference:

A Look at the Child Health Services in Kenya:  
Kenya Service Provision Assessment – Child Health Services, NCPD, NO. 24 June 2012, [Policy Brief 24 Eng-Child Health Services.indd \(ncpd.go.ke\)](#)

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⇒ **SARAH AKER ARANG(INZONE KAKUMA IN KENYA)**

The top 3 common child health illnesses in Kakuma Refugee camp are as follows;

1. Malaria
  2. Pneumonia
  3. Diarrhea
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⇒ **DARASALEM YAKUB MUSA (KENYA-KAKUMA)**

TOP3 COMMON CHILDHOOD ILLNESSES IN SUDAN

1. PNEUMONIA-Is the inflammation of the lungs it is caused by bacteria, fungi and virus.
  2. DIARRHOEA-is the water stool that losse more than two or three times a week
  3. MALARIA-The disease that caused by a bite of anofelophele female mosquito ,its trasmitted through a vector called plasmodium
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⇒ **Felicien RYAMUKAMA [Kenya Kakuma]**

COMMON CHILDHOOD ILLINES IN RWANDA

- 1 MALARIA
- 2 Pneumonia

Malaria and pneumonia are the most common illness that affect children in my country ,malaria infections caused by a female anopheles mosquito bite while pneumonia infection of lungs

characterized by severe cough with phlegm, chills, fever. and difficulty in breathing.

## Group 2

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⇒ MEMBERS OF THE GROUP

1. Hashimu Mohammed
2. Mohammed Hassan
3. Hafsat Abubakar
4. Umar Muhammad

Most common three child illness found in Nigeria. Are as follows

1. MALARIA
2. CHOLERA
3. PNEUMONIA

### MALARIA

Malaria is one of the most common illness that can affect children in Nigeria, children affected with malaria commonly shows below sign and symptoms.

1. Fever
2. Headache
3. Low park cell volume (p.c.v)
4. Dizziness

And lastly it's lead to death of a child as stated by our country' world health organization.

### MALARIA

Malaria it's a disease caused by a plasmodium parasite. Transmitted by the bite of infected female anophelous mosquitoes.

The severity of malaria varies based on the species of plasmodium either

1. Plasmodium Falcifarum
2. Plasmodium vivax
3. Plasmodium Ovalea
4. Plasmodium Malarea

### CHOLERA

Cholera is an acute diarrheal illness caused by infection of the intestine with Vibrio Cholerae bacteria. Children can get infected when swallow food and water conterminated with cholera bacteria.

### SIGN AND SYMPTOMS

1. Acute diarrhea
2. Dehydration
3. Rarely

4. Shock
5. Seizures may occur in severe cases.

#### Prevention and control of cholera

1. Access to safe and clean water
2. Adequate sanitation
3. Basic hygiene needs
4. Vaccination with oral cholera vaccine

#### PNEUMONIA

Pneumonia is an infection that affects one or both lungs. It's caused by the air sacs, or alveoli, of the lungs to fill up with fluid or pus. Bacteria, viruses, or fungi may cause pneumonia.

#### Common signs and symptoms

1. Chest pain
2. Fever and chills
3. Shortness of breath
4. Cough that produces phlegm or mucus

### Group 3

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#### ⇒ Diffa Niger Republic

Group participants:

- 1 Mele Ajama
- 2 Sani Zubairu
- 3 Lukuman Musa
- 4 Bello Sani

The commonest child health illnesses that cause mortality among children under five in Nigeria with respect to our community are as follows:  
As justified by the World Health Organization, malaria, pneumonia, and diarrhea are three common causes of such groups of children identified above.

1. **Malaria:** malaria is a disease caused by the mosquito spp called female anopheles mosquito which inject plasmodium through biting and blood sucking and later hatched to malaria. It is characterized with the signs and symptoms fever with chills; sweating, headache; back pain, vomiting; nausea, joint pain, body weakness and later persistence symptoms lead to death if care is not taken. Africa has a higher burden of malaria-related cases and deaths globally. Children under five accounted for over two to three of all malaria deaths in sub-Saharan Africa.

As a community health worker you should organize public enlightenment campaigns to educate people about the deadly effects of malaria and its preventive and control measures especially to pregnant women who are to be advised to go for antenatal visits to health facilities where they are to be prescribed intermittent preventive therapy for malaria; sleeping in insecticide-treated mosquito net; trimming of vegetation

around residential houses, regular care of incinerators to avoid mosquito breeding ground.

2. **Pneumonia:** pneumonia is the second disease that lead to the death of children under five especially Nigeria contributes highest number to global pneumonia child deaths.

Pneumonia is a deadly bacterial mainly in developing countries ; viral and fungal causing diseases its symptoms includes fever; coughing, difficulty in breathing, fast breathing or shortness of breath; sweating and chest pain: the role of community health worker should account and educate the general public in his or her community on the preventive measure to pneumonia like good nutrition and hygien ; and avoidance of indoor and outdoor pollution with good ventilation and hand washing

3. **Diarrhea:** in Nigeria diarrhoea is the one of the worst sub sahara Africa that accounted the children deaths under five years of age it is characterised by its causing factors of absence of clean water; essential sanitation and hygien . the disease causing agents are bacteria,virus and parasite which results in the dehydration of body fluids through stools . Your role as community health worker you should advises based for the need arises especially preventive curative and control measures.

## Group 4

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### ⇒ Diffa-NIGER REPUBLIC

GROUP MEMBERS:

1: Hamsatu Abubakar Hamme

2: Hamisu Muhammad

3: Mustapha Goni

4:Ali Mohamed Tcheri

The top (3) common child health illnesses in Nigeria according to WHO are;

1:Pneumonia

2:Diarrhoea

3:Malaria

(1)Pneumonia: is a form of acute respiratory infection that affects the lungs. The lungs are made up small sacs called alveoli, which fill with air when a healthy person breathes.When an individual has Pneumonia, the alvioli are filled with pus and fluid,which makes breathing painful and limits oxygen intake.

In our country Nigeria, pneumonia has the largest absolute number of annual paediatric pneumonia deaths globally with pneumonia accounting for 20% of under-5 deaths nationally. Northern Nigeria is reported as a clear hotspot for pneumonia mortality.

(2)Diarrhoea: is having 3 or more loose or liquid stools (poos) in one day, or more frequently than normal. if you

diarrhoea, you will experience an increase in the volume, wateriness or frequency of your bowel movements.

Diarrhoea is the second leading cause of morbidity and mortality in young children in Nigeria.

Diarrhoea is one of the childhood preventable and treatable diseases. It is one of the leading causes of death among children less than five years in our country Nigeria.

Nearly one in five child deaths is due to diarrhoea in Nigeria.

(3) Malaria: is a serious and sometimes fatal disease caused by a parasite that commonly infects a certain type of mosquito which feeds on humans. People who get malaria are typically very sick with high fevers, shaking chills, and flu-like illness.

In Nigeria, malaria is a major public health concern in Nigeria, with an estimated 68 million cases and 194 000 deaths due to the disease in 2021. Nigeria has the highest burden of malaria globally, accounting for nearly 27% of the global malaria burden. The risk of transmission exists throughout the country, all year around.

section  
Group 4

## Group 5

### Diffa-NIGER REPUBLIC

Group Members;

1: Ali Sha'aibu

2: Yagana A Umar

3: Makinta Modu

4: Tijjani Mohammed

The three common child health illnesses are:

1. Pneumonia
2. Diarrhoea
3. Malaria

**Diarrhoea:** In Nigeria, diarrhoea prevalence rate is 18.8% and is one of the worst in sub-sahara Africa and above the average of 16%. Annually, it accounts for over 16% of child deaths and an estimated 150,000 deaths mainly amongst children under five years (10).

**Pneumonia;** is an infection of the lungs. Normally, the small sacs in the lungs are filled with air. In someone who has pneumonia (nu -MOH-nyuh), the air sacs fill up with pus and other fluid.

**Malaria:** Under-five malaria in Nigeria is a leading cause of global child mortality, accounting for 95,000 annual child deaths. High out-of-pocket medical expenditure contributes to under-five malaria mortality by discouraging care-seeking and use of effective anti-malarials in the poorest households.



## Group 6

## ⇒ Azraq Camp - Jordan

Noor AL-Sharifi

there is the most common child Health illness:

- Measles: A high fever, cough, runny nose, and a striking red rash are some of the symptoms of this extremely dangerous viral infection. Measles can result in serious side effects, such as pneumonia, and even death, especially in young children who have not had the vaccination. To prevent measles, vaccination with the measles, mumps, and rubella (MMR) vaccine is the most effective method.
- Pneumonia is an inflammatory lung disease that is typically caused by bacterial or viral infections. It can cause coughing, difficulty breathing, chest pain, and fever. Pneumonia is more dangerous in children, and prompt treatment with antibiotics or antiviral medicine is critical for recovery.
- Hepatitis: Hepatitis is an inflammation of the liver caused by a variety of viruses, including hepatitis A, B, and C. Jaundice (yellowing of the skin and eyes), weariness, and abdominal pain are all symptoms of hepatitis. Hepatitis A and B vaccinations are available for children to avoid these diseases.

## Group 7

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### ⇒ Gad Nsengiyumva ( kenya-kakuma)

- 1.Malaria
- 2.Acute watery Diarrhoea
- 3.Preumonia

## Group 8

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### ⇒ DIFAN SULEIMAN INZONE KAKUMA ,KENYA

#### Activity one

#### 1. Respiratory Infections:

Respiratory infections, such as the common cold, influenza, or pneumonia, are often prevalent in children. These infections can be caused by various viruses or bacteria and are easily transmitted from person to person, especially in crowded areas such as refugee camps like Kakuma. Symptoms may include cough, runny nose, sore throat, fever, and difficulty breathing. To prevent respiratory infections, it is important to practice good hygiene, such as regular handwashing, covering the mouth and nose when coughing or sneezing, and avoiding close contact with sick individuals.

#### 2. Gastrointestinal Infections:

Gastrointestinal infections, commonly referred to as stomach bugs, are another common childhood illness. They are usually caused by a variety of bacteria, viruses, or parasites, and can cause symptoms like diarrhea, vomiting, stomach pain, and fever. These infections are often spread through contaminated food, water, or poor hygiene practices. To prevent gastrointestinal infections, it is crucial to maintain proper sanitation and hygiene. This includes proper handwashing, safe food handling

and preparation, drinking clean water, and using proper sanitation facilities.

### 3. Malaria:

Malaria is a mosquito-borne infectious disease that remains a significant health concern in many parts of Africa, including Kakuma. It is caused by a parasite transmitted through the bite of infected mosquitoes. Common symptoms of malaria may include fever, headache, fatigue, muscle aches, and chills. Malaria can be life-threatening if left untreated, particularly in young children and individuals with compromised immune systems. Prevention strategies include the use of insecticide-treated bed nets, indoor residual spraying, and taking anti-malarial medications as prescribed.

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#### ⇒ **SABRI MUSA KODI {KENYA-KAKUMA}**

The most common child illness are:

1. pneumonia
2. Malaria
3. Acute water diarrhoea

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### Group 9

#### ⇒ **Vianney Malek. {kakuma -kenya}**

the common child illness in south sudan.

1. Malaria
2. diarrhea
3. Pneumonia

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### Group 10

#### ⇒ **KUKU SAID KODI (INZONE KAKUMA KENYA)**

Top 3 common illnesses in Kenya

1. Pneumonia it is leading cause of ill health or death among children under 5 year old  
Are being associated by cold and the seasonal flu, ear infections and sore throat also caused by viruses
2. Diarrhoea this is second leading cause of death among children. It's preventive and treatable.  
Causes are bacteria, virus and parasites
3. Malaria the third leading cause of death among children. Malaria is transmitted by mosquitoes. It's preventive and treatable.

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### Group 11

#### ⇒ **Chacha Nyadung (Kakuma Camp in Kenya)**

The common child illness in my country south sudan are:

1. Pnuemonia
2. Diarrhoea
3. Malaria
4. Hepatitis

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### Group 12

#### ⇒ **Yar Majok Achuoth (Kakuma camp Kenya)**

The common child illness iun my country are



