

Speak Up ! Module 1 - week 1

Post your questions and thoughts

DUPERTUISF AUG 02, 2023 12:32PM UTC

ANONYMOUS SEP 21, 2023 11:27AM UTC

Question

What should a CHWs do in a situation where political and military constraints hinder the assistance of a certain community affected by floods?

Where the organization assistance is being hindered by political constraints. – ANONYMOUS

ANONYMOUS SEP 21, 2023 09:23AM UTC

Chol Dut Chol

What are the challenges faced by CHWs worldwide and what are the mitigations for these problems?

Thanks,
Chol

The main challenges are to be recognized by health professionals.
Karl – ANONYMOUS

ANONYMOUS SEP 20, 2023 07:51PM UTC

Susan

If a patient was resistant to your suggestions, as a community health worker, how would you handle it?

People are free to make their own decisions about their health. However, you could try to explain again in a different way. Karl – ANONYMOUS

ANONYMOUS SEP 20, 2023 04:00PM UTC

Currently, earthquakes are frequent. What measures should society take to maintain its psychological health before and after an earthquake occurs?

Ahmad Alobidat

ANONYMOUS SEP 20, 2023 02:04PM UTC

Chacha Nyadung

As a community health worker, how can I build trust in my community in order to promote good health?

You need to meet and discuss with community members and make sure they know you well. You need to share your health-related knowledge and demonstrate with proper advice that you can prevent diseases or find the right services for their needs. Karl – ANONYMOUS

ANONYMOUS SEP 20, 2023 02:05PM UTC

Masai

1. One of the skills to be applied as a community health worker is empathy and compassion. My question is, how do I handle a situation whereby I am so much emotional to a point of shedding tears before someone who needs my help?

Showing your feelings is not a problem. Situations can sometimes be very complicated. CHWs like any other individual have feelings. You then need to transform this emotion into action and decision to support the family. Karl – ANONYMOUS

ANONYMOUS SEP 20, 2023 12:34PM UTC

Makelina A Paul

1. Can individual's/community's culture and attitude influence good communication? What can be done to eliminate or reduce the barriers of cultural practices, beliefs and attitudes hindering health services delivery?
2. Does the community health worker role of treating common ailments apply in the humanitarian settings?

ANONYMOUS SEP 20, 2023 12:18PM UTC

Bashir's question

What are the appropriate ways/steps to take as a community health care in order to save people in a critical disaster condition?

ANONYMOUS SEP 20, 2023 11:38AM UTC

Question?

What's the principle and core benefits of community health workers?

ANONYMOUS SEP 20, 2023 11:35AM UTC

Questions?

What impact can the community health worker have, how much is their visibility?

The impact can be huge. This was even more important during the lockdowns in refugee camps. They can help their own family, their community and assist nurses in health centres. Karl
— ANONYMOUS

ANONYMOUS SEP 20, 2023 11:32AM UTC

AMINA.

What are some of the strategies to overcome language barriers ?
is it possible to solve the problem of language

Overcoming language barriers can be challenging, but there are several strategies and solutions to help mitigate these obstacles. While it may not be possible to completely eliminate language barriers, you can significantly reduce their impact. Here are some strategies to consider:1. **Learn the Language**: One of the most effective ways to overcome language barriers is to learn the language of the people you need to communicate with. This may not be feasible for everyone, especially in the short term, but even basic language skills can go a long way in facilitating communication.2. **Use a Translator**: Utilize translation tools and apps like Google Translate, which can help bridge the gap in real-time. These tools can be especially useful for quick translations and basic conversations.3. **Hire Interpreters**: In professional or important settings, consider hiring professional interpreters. These individuals are trained to facilitate communication between people who speak different languages.4. **Use Visual Aids**: Visual aids, such as images, charts, and diagrams, can help convey information when verbal communication is challenging. This is particularly effective when working in fields like medicine or engineering.5. **Simplify Language**: When communicating, use simple and clear language. Avoid idioms, jargon, or complex sentence structures that might be confusing to someone with limited language skills.6. **Cultural Sensitivity**: Understanding the culture of the people you're communicating with is crucial. Cultural differences can compound language barriers, so being sensitive to these differences can help build rapport.7. **Practice Active Listening**: Pay careful attention to non-verbal cues, such as body language and facial expressions, as they can provide valuable context and clues about the meaning of the conversation.8. **Be Patient and Respectful**: Recognize that it may take longer to communicate effectively when there is a language barrier. Be patient, and show respect for the effort the other person is making to communicate with you.9. **Use Written Communication**: When possible, rely on written communication, such as emails or text messages, as it allows both parties to take their time to understand and respond.10. **Multilingual Staff**: In a workplace or organization, consider hiring staff who are fluent in multiple languages to act as bridges between different language groups.11. **Language Classes**: Offer language classes or resources to employees or team members to encourage language acquisition.12. **Technology Solutions**: Explore technology solutions like speech recognition software, which can help translate spoken words in real-time.13. **Cultural Training**: Provide cultural sensitivity training to individuals who interact with people from diverse linguistic backgrounds. This can help prevent misunderstandings and conflicts. While it may not be possible to completely eliminate language barriers, these strategies can significantly reduce their impact and enhance effective communication. It's essential to approach the issue with empathy, flexibility, and a willingness to adapt to different communication styles and preferences.

— ANONYMOUS

ANONYMOUS SEP 20, 2023 10:07AM UTC

A community health worker is a clinically trained practitioner

If true is incorrect then why should We go for practicals in the clinic and training us on CHW
I would like to know more

incorrect. CHWs are not clinically trained. Karl — ANONYMOUS

ANONYMOUS SEP 18, 2023 06:53AM UTC

question

what is community health?

can individual's/community's culture and attitude be barriers to a good communication? — ANONYMOUS

Yeah — ANONYMOUS

very good question. Absolutely, your own culture and beliefs can be obstacles to analyse difficult situations — ANONYMOUS

Community health is all about health delivered outside health facilities conducted by non clinicians. Karl — ANONYMOUS
